**ALLIED HEALTH PRACTITIONERS’ COUNCIL OF ZIMBABWE (AHPCZ)**

**CPD TRACKING BOOKLET**

**PSYCHOLOGISTS**



**CHITAKURE EMMANUEL A/PSY 0535**

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POSTAL ADDRESS: BAG 402, GATHS MINE MASHAVA

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**ID NUMBER:**  **29-142690L-22**

**PROFESSION: CLINICAL PSYCHOLOGIST**

**REG NO: A/PSY 0535**

**EMPLOYER:** AFRICAN ASSOCIATED MINES (AAM) (SHABANIE & MASHABA MINES)

**EMPLOYER ADDRESS:** GATHS MINE, BAG 402-MASHAVA

**SIGNATURE: **

**DATE: 01/01/2022**

# CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Continuing Professional Development (CPD) is the means by which members of the profession broaden the expertise required in their professional lives. Below are possible activities to enhance professional development.

The minimum CPD points will be 50 per year. To facilitate transition, the registration, renewal certificates for Practising Psychologists and Interns would require that these practitioners accrue a minimum of 30 points in 2016, then 40 in 2017 and 50 from 2018 onwards. NB: One cannot accumulate more than 40% of their points from the same category.

**PERIOD: 2022 - 20\_\_**

**Below is the CPD points Guide Chart.**

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| **CATEGORY** | | **POINTS AWARDED** | **MINIMUM** | **COMMENTS** |
| **1** | a. Psychological lecture/ Presentation to the public  b. Lecturing | 2  2 | I Hour  Semester | Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with psychological education |
| **2** | a. Morning/afternoon seminar  b. Psychology Conference/Annual Congress | 1/hour  Attending- 5  Presenting 10 | 1/hour  2 Days | Seminar should be in line with continuous psychological education. Conference should be in line with continuous psychological education |
| **3** | a. Publishing in Peer reviewed Journal.  b. Review of journal article or research proposal | 20  5 |  | First author gets 20 points. Other listed authors get 10 points. Lecturers should not claim points from reviewing proposals of their students which is part of their everyday job |
| **4** | a. Professional group meetings  b. Attending professional board meetings/functions | Attending- 2  Presenting- 4 | 2 hours  1 Hour | .g. Therapist Support Group (TSG) e.g. ZPA, IPMZ |
| **5** | Achieving an extra Psychology qualification | 5  10 | Certificate  Degree | The qualification should be in line with  continuous psychological education |
| **6** | Registration with a professional board e.g. ZPA, AHPCZ, PAPU, IPMZ, TSG | 2 |  |  |
| **7** | Participation in external consultation, e.g., external examination/ evaluations/ assessments | 2 |  |  |
| **8** | Direct mentoring or supervision of interns on register with AHPCZ | 33 per student per year |  | A point for each for each student’s quarterly supervision report submitted to AHPCZ |
| **9** | Community Service | 2 | per service |  |
| **10** | Personal psychotherapy for professional growth | 2 | Session | At least six sessions, compulsory for interns. |
| **11** | In-service training activities that are specific to each discipline ( e.g. MMPI Training, EMDR training) | 5 |  | At least two days |

**Year: 2022**

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| **Category** | **Points** |
| 08/01/22 | 4.a | 2 | Attending Masvingo ‘Mental Health on Line Group’ presentation on ‘**Suicide’** |  |
| 29/01/22 | 4.a | 2 | Attending Masvingo ‘Mental Health on Line Group’ presentation on ‘**Substance Use Disorder’ Part 1** |  |
| 06/02/22 | 4.a | 2 | Attending Masvingo ‘Mental Health on Line Group’ presentation on ‘**Substance Use Disorder’ Part 2** |  |
| 09/02/22 | 4.b | 2 | Attending Online ZPA Bulawayo Chapter Meeting |  |
| 28/02/22 | 6 | 2 | Renewal of AHPCZ Practicing Certificate |  |
| 03/03/22 | 4.b | 4 | Rai-lounge voMAC Presentation  on ‘**Transgender Suicide Risk Factors**’ |  |
| 01/04/22 | 1.b | 2 | Lecturing BSc Special Hons in Psychology at GZU during Semester I of 2022 |  |
| 01/06/22 | 2.a | 2 | Attending On-line AHPCZ Morning Seminar on  **Mental Health in Zimbabwe** |  |
| 23/06/22 | 4.b | 4 | ZPA Bulawayo Chapter online Presentation on **‘Mass Hysteria’** |  |
| 02/07/22 | 9 | 2 | A talk to Mashava Anglican Church-affiliated GZU students on ‘**Substance Use Disorders’** |  |
| 08/07/22 | 7 | 2 | Participating in GZU’s School of Medical and Health Sciences - Stellenbosch University **Collaboration Seminar,** as a D.Phil. in Rehab Psychology student |  |
| 27/07/22 | 6 | 2 | Renewal of ZPA Membership for 2022-2023 |  |
| 01/08/22 | 7 | 2 | Participating in GZU’s School of Medical and Health Sciences –University of North Texas **Collaboration Seminar,** as a D.Phil. in Rehab Psychology student |  |
| 17/08/22 | 2 | 10 | Poster Presentation tiled ‘***Proposed ‘Integrated African Traditional-Western Mental Health Model***’ at the 2022 GZU Research Fair held from 17-18 August, 2022 |  |
| 08/09/22 | 2 | 2 | Attending the 2022 GZU Research and Post Graduate Day at GZU Law School |  |
| 01/09/22 | 1.b | 2 | Lecturing in BSc Special Hons in Psychology at GZU during Semester II of 2022 |  |
| 05/11/22 | 3.b | 5 | Reviewing GZU BSc in HR Management student (Reg Number M157003)’s Research Proposal |  |
| 09-11-22 | 2.a | 2 | Attending a Research Seminar as a DPhil in Rehabilitation Psychology candidate of Simon Mazorodze School of Medical & Health Sciences |  |
| 19/11/22 | 1 | 2 | Public lecture on Psychopathology to ZOU Masvingo Campus BSc Counselling Students |  |
|  |  |  | **Total Points** | **52** |

**Year: 2023**

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